

State Games of Mid-America Figure Skating Competition

August 1 - 3, 2008

Hosted by the:
Washington Park Ice Arena



STATE GAMES OF MID-AMERICA

Attention Skaters of all ages and levels!!!

Announcing the First Inaugural State Games of Mid-
America Figure Skating Competition!

Sanctioned by both USFS and endorsed by the ISI
through the Joint Statement of Policy.

State Games of Mid-America Figure Skating Competition Rules, Regulations, and Format

I am pleased to announce the First Inaugural State Games of Mid-America Figure Skating Competition. This competition will be held in conjunction with the Summer Show Me State Games and will be held Bi-Annually in opposite years of State Games of America.

The State Games of Mid-America is a qualifying competition for the State Games of America Championship. State Games of America is an Olympic style, multi-sport event held bi-annually. The entire State Games of America will incorporate several different sports, with over 10,000 athletes in attendance. In 2007, the Figure Skating portion set an attendance record of over 1,100 figure skaters competing. The 2009 State Games of America will be held in late Summer 2009 in Colorado Springs, CO.

The State Games of Mid-America Figure Skating Competition is open to all figure skaters regardless of residency. However, only residents of Arkansas, Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, Oklahoma, South Dakota, Texas, and Wisconsin will be eligible to advance to the State Games of America.

Commissioner: Ann Bruce, sportsmomof4@sbcglobal.net
Chief Referee: Dennis Sveum
ISI Referee: Rachel Bruemmer

Competition Site: Washington Park Ice Arena
711 Kansas Street
Jefferson City, MO 65109

Competition Dates: August 1-3, 2008
Please note: Depending on amount of applications, the competition may begin on July 31, 2008.

Registration: All applications are due by June 21, 2008. Late applications will only be accepted if space permits. A late fee will also be assessed.

You may register by submitting the attached registration form. You may also register by going online at www.SMSG.org or www.jcfsc.com to download a registration form.

Applications should be mailed to:
State Games of Mid-America
Attn: Figure Skating
1105 Carrie Frank Dr. Room 01
Columbia, MO 65211

Or you may fax applications with credit card information to: (573)884-4004 Attn: Figure Skating. If faxing, it is advised to email the commissioner for confirmation.

PLEASE DO NOT MAIL APPLICATIONS TO THE ICE RINK! USE ABOVE ADDRESS.

All applications must be postmarked by June 21, 2008. No certified mail applications will be accepted.

Fees: \$60.00 for first event
\$20.00 for each additional event
\$15.00 per skater for Team Entertainment and Synchronized Skating Teams.
A \$20.00 late fee will be assessed to all applications received after the deadline.

Testing Deadline: All skaters must compete at their highest level tested as of June 21, 2008.
Skaters holding both an ISI and USFS membership must skate at the highest level tested of the two.

Practice Ice: Practice ice will be made available the week of the competition. All practice ice sessions will be held at the Washington Park Ice Arena. Information on dates, times, and availability will be announced at a later date.

Test Session: A test session will be held the week of the competition. Dates and times will be announced at a later date.

Photos/Video: A photographer and videographer will be available for your convenience. All information will be made available at registration.

We ask that you please not use flash photography, as this is distracting to the skaters who are performing. The LOC reserves the right to remove anyone from the rink who ignores requests and warnings regarding the use of flash photography.

Official Hotel: You may go online at www.SMSG.org to obtain hotel information.

Competition Format

Because events of the US Figure Skating and ISI have been merged into a hybrid format, please read through all event descriptions carefully and thoroughly. Every effort has been made to provide an equitable event structure that will allow skaters from all states, whether US Figure Skating, ISI, or nonaffiliated skater, to compete in a fairly defined method.

Solo events will be subdivided by age bracket as determined by the LOC (local organizing committee.) At the LOC discretion, any age bracket that has less than 5 competitors may be combined with another age bracket for competition. When only one competitor is entered in an event, that competitor be required to skate against the book. Eligibility for all age-restricted events is determined by the skater's age as of June 21, 2008.

Skaters may not enter both a restricted and unrestricted event. Skaters may skate one level above that for which they are tested, but they may NOT skate down a level in any event. Skaters are NOT required to skate all events at the same level.

Awards will be presented as closely to the conclusion of each event as possible. Medals will be awarded to the top three places in each event.

Eligibility, Liability, Judging, and Governing Body

All skaters must have participated in their own local State Games within the past two years in order to participate in State Games of Mid-America. An exception will be made for those skaters from states that do not participate in the National Congress of State Games.

This will be a US Figure Skating sanctioned event endorsed by the ISI under the Joint Statement of Policy, but membership in US Figure Skating and/or ISI is NOT required. Registered members of the US Figure Skating and ISI must be in good standing. US Figure Skating and ISI members must include their membership numbers. Skaters holding both USFS and ISI memberships must compete at the highest level tested of the two governing bodies.

US Figure Skating's ordinal scoring method, the 6.0 system, with separate marks for technical merit and for composition and style will be used. Where events include restrictions, judges will be instructed to deduct 0.1 to .5 for every element included that is not permitted.

Please note: All judges will be required to attend a judges meeting. The Chief Referee will be explaining all rules and regulations pertaining to judging. Date and time still to be determined.

Facilities

The primary ice surface will be the Washington Park Ice Arena, 711 Kansas Street, Jefferson City, MO 65109. The arena's ice surface is 85' x 200' with rounded corners. No admission will be charged.

Music

Competitors will be required to turn in **ALL** of their music to the registration desk when they register. Except for the Dance events, skaters must provide their own music. Vocal music is permitted. Only CD's will be accepted. Each cd must be clearly labeled with the skater's name, event, and length of the program. There must only be one program on each cd. No more than a 3 second lead in can be used on cds for both competition and practice ice. Programs are allowed a ten-second leeway from the designated times except where indicated otherwise. The State Games of Mid-America will make every effort to protect your music but will not be responsible for individual cds. Please pick up your music at the registration desk after your event. Skaters should bring extra copies of their music - one to turn in at registration, one for practice, and one for a backup. The State Games of Mid-America assumes no responsibility for the music that is not picked up prior to the end of those days' events.

Adult Participation

Adults 19 years and older will compete in separate events in all divisions. Synchronized teams will be separated according to the rules as specified.

Freestyle

Skaters may NOT enter both a Restricted and Unrestricted event. Competitors will skate to music of their choice. A 0.1 to .5 deduction WILL be made for skaters including elements not permitted in the event description. Jump rotation counts will be as set forth by the US Figure Skating Rule book list of jumps and the current ISI Test Standards for Free Skate. Beginner events are limited to the elements listed and those from lower levels, except where specifically stated. In the Unrestricted Freestyle events, skaters are allowed more freedom to include moves than those in the Restricted events but are required to comply with the "Well Balanced Program" requirements as outlined in the current US Figure Skating Rule Book in SSR 4.00-4.19.

Male and Female skaters will compete in separate events, no exceptions.

Please note that placing 1st, 2nd, or 3rd in Tots events will qualify the skater for Compulsory Events at State Games of America in 2009.

Level	Requirements	Duration In Minutes
Tots 1	<ul style="list-style-type: none"> • Proper way to fall down • Proper way to get up • March in place • March while moving 	1:00
Tots 2	<ul style="list-style-type: none"> • 2 foot jump in place • Forward swizzles standing still • Single swizzle • Beginning 2 foot glide 	1:00
Tots 3	<ul style="list-style-type: none"> • Push and glide stroking • Preparation for snowplow stop • Dip • Forward swizzles 	1:00
Tots 4	<ul style="list-style-type: none"> • T-Push • Backward swizzles • 2 or 1 foot snowplow stop • Backward wiggles 	1:00
Beginner 1	<ul style="list-style-type: none"> • Forward skating or marching • Two-Foot glide and dip • Forward 2 foot swizzles • One foot glide • Backward swizzles • No complete tests higher then USFS Basic 2 or ISI Pre-Alpha 	1:00
Beginner 2	<ul style="list-style-type: none"> • Forward Stroking • Forward crossovers • Forward 1 foot glide • Backward 2 foot swizzles • Backward 1 foot glide • Snowplow Stop • No spirals or arabesques allowed • No complete tests higher then USFS Basic 3 or ISI Alpha 	1:00
Beginner 3	<ul style="list-style-type: none"> • Backward stroking • Backward crossovers • Backward 1 foot glide • Snowplow Stop • No spirals or arabesques allowed • No complete tests higher then USFS Basic 5 or ISI Beta 	1:00

Restricted Events

Levels	Requirements	Duration In Minutes
Beginner 4	<ul style="list-style-type: none"> • Spins limited to two foot upright spins. • Jumps limited to ballet, mazurka, or bunny hops. • Footwork limited to forward Mohawks, forward inside 3-turns, forward outside 3-turns, lunges. • Forward straight line spirals • No complete tests higher then USFS Basic 8 or ISI Delta 	1:00 to 1:30
Beginner 5	<ul style="list-style-type: none"> • Spins limited to one and two foot upright spins • Jumps with not more then one-half rotation (salchow, half-loop, toe-wally, and toe-loop are considered full revolution jumps and are not allowed). • No complete tests higher than USFS FreeSkate 3 or ISI Freestyle 2. 	1:00 to 1:30
Pre-Preliminary	<ul style="list-style-type: none"> • Spins in an upright position. • Jumps with not more than one-half rotation (front to back or back to front) • Salchow, Toe Loop, and Toe Wally jumps will be allowed. • No complete test higher the USFS Pre-Preliminary or ISI Freestyle 3. 	1:30
Preliminary	<ul style="list-style-type: none"> • Spins in an upright position or forward sit spins. • Jumps with not more than one rotation – Axels not permitted • No complete test higher then USFS Preliminary or ISI Freestyle 4 	1:30
Pre-Juvenile	<ul style="list-style-type: none"> • Any spin position. • No spins commenced with a jump. • Jumps with not more than one rotation (no Axels). • No complete tests higher than USFS Pre-Juvenile or ISI Freestyle 5 	2:00
Juvenile	<ul style="list-style-type: none"> • Any spin position • Jumps with not more than 1 ½ rotations. • No complete tests higher than USFS Juvenile or ISI Freestyle 6. 	2:15
Intermediate	<ul style="list-style-type: none"> • Any spin position. • Any single jump including the Axel • Double Salchow, Double Toe Loop, and Double Toe Wally only. • No complete test higher then USFS Intermediate or ISI Freestyle 7. 	2:30
Adult Pre-Bronze	<ul style="list-style-type: none"> • Spins in an upright position. • Jumps with not more than one-half rotation (front to back or back to front). • No complete test higher than USFS Adult Pre-Bronze or ISI Freestyle 2. 	1:40
Adult Bronze	<ul style="list-style-type: none"> • Spins in an upright position. • Jumps with not more than one-half rotation (front to back or back to front) • Salchow, Toe Loop, and Toe Wally are allowed. • No complete test higher then USFS Preliminary, USFS Adult Bronze, or ISI Freestyle 3. 	1:40
Adult Silver	<ul style="list-style-type: none"> • Spins in an upright position or forward sit spins • Jumps with not more then one rotation (NO Axels). • No complete test higher than USFS Pre-Juvenile, USFS Adult Silver, or ISI Freestyle 4. 	2:10
Adult Gold	<ul style="list-style-type: none"> • Any spin position. • Jumps with not more than 1 ½ rotations. • No complete test higher then USFS Juvenile, USFS Adult Gold, or ISI Freestyle 6. 	2:40

UnRestricted Events

Levels	Requirements	Duration In Minutes
Beginner 4	<ul style="list-style-type: none"> • Spins limited to 1 foot or 2 foot upright spins • Jumps with no more than ½ rotation (forward to back or back to forward) • Straight line footwork that covers ½ the ice • Forward Spirals and Arabesques are allowed • No complete test higher than Basic USFS Basic 8 or ISI Delta 	1:00 to 1:30
Beginner 5	<ul style="list-style-type: none"> • Spins limited to 1 foot or 2 foot upright spins • Jumps with no more than ½ rotation • Toe Loop, Toe Wally, and Salchow permitted • Straight line footwork that covers ½ the ice • Spirals and Arabesques are allowed • No complete test higher than USFS Freeskate 3 or ISI Freestyle 2 	1:00 to 1:30
Pre-Preliminary	<ul style="list-style-type: none"> • Complete USFS Pre-Preliminary or ISI Freestyle 3 	1:30
Preliminary	<ul style="list-style-type: none"> • Complete USFS Preliminary or ISI Freestyle 4 	1:30 to 2:00
Pre-Juvenile	<ul style="list-style-type: none"> • Complete USFS Pre-Juvenile or ISI Freestyle 5 	2:00
Juvenile	<ul style="list-style-type: none"> • Complete USFS Juvenile or ISI Freestyle 6 	2:15
Intermediate	<ul style="list-style-type: none"> • Complete USFS Intermediate or ISI Freestyle 7 	2:30
Novice	<ul style="list-style-type: none"> • Complete USFS Novice or ISI Freestyle 8 	3:00 Ladies 3:30 Men
Junior	<ul style="list-style-type: none"> • Complete USFS Junior or ISI Freestyle 9 	3:30 Ladies 4:00 Men
Senior	<ul style="list-style-type: none"> • Complete USFS Senior or ISI Freestyle 10 	4:00 Ladies 4:30 Men
Adult Pre-Bronze	<ul style="list-style-type: none"> • Complete USFS Adult Pre-Bronze, USFS Pre-Preliminary, or ISI Freestyle 3 	1:40 MAX
Adult Bronze	<ul style="list-style-type: none"> • Complete USFS Adult Bronze, USFS Preliminary, or ISI Freestyle 4 	1:40 MAX
Adult Silver	<ul style="list-style-type: none"> • Complete USFS Adult Silver, USFS Pre-Juvenile, or ISI Freestyle 5 	2:10 MAX
Adult Gold	<ul style="list-style-type: none"> • Complete USFS Adult Gold, USFS Juvenile, or ISI Freestyle 6 	2:30 MAX
Adult Masters	<ul style="list-style-type: none"> • At least the complete USFS Intermediate or at least ISI Freestyle 7 	3:40 MAX

Short Program (Singles)

Short Programs are skated to music of the skater's choice on a full sheet of ice. All short program requirements are set forth by the USFS 2008-2009 Rulebook.

Short Program

Levels	Requirements	MAXIMUM Duration In Minutes
Juvenile (ISI 6)	As set forth in the USFS competition standards 3670 – no test higher than USFS Juvenile FS or ISI 6.	2:00
Intermediate (ISI 7)	As set forth in the USFS competition standards 3670	2:00
Novice (ISI 8)	As set forth in the USFS competition standards 3670	2:30
Junior (ISI 9)	As set forth in the USFS competition standards 3670	2:50
Senior (ISI 10)	As set forth in the USFS competition standards 3670	2:50

Compulsories

Skaters will perform specific maneuvers as indicated in the requirements below. Compulsories are skated in a routine without music on either a ½ sheet of ice or full sheet of ice. Moves may be done in any order, but each listed move must be attempted. Each move may only be attempted once. Deductions will be made for added, repeated, or omitted elements. Connecting footwork and choreography are encouraged, but excessive footwork and added elements will be penalized. Tots thru Pre-Juvenile will be held on a half ice. Juvenile thru Senior will be held on a full sheet of ice. Skaters will be subdivided by age. Adults will skate in their own group. Male and female skaters will compete separately. No exceptions.

Note 1 – The second jump of a jump combination must be made from the landing edge of the first jump. No turn or change of foot between jumps is permitted.

Note 2 – The Balance move sequence must include a forward and a backward spiral. Additional spirals and balance moves such as spread eagles, Ina Bauers, shoot the ducks, etc. may be included. Skaters have the choice of a straight-line, circular, or serpentine pattern. (See USFS SSR 3.00 for detailed description.)

Compulsories		
Levels	Requirements	Duration In Minutes
Tots 1	<ul style="list-style-type: none"> • Proper way to fall • Proper way to get up • March while standing • March while moving • Coaches will be allowed on the ice during their "Tot" student's compulsory event. 	1:00
Tots 2	<ul style="list-style-type: none"> • 2 foot jump in place • Forward swizzles standing still • Single swizzle • Beginning 2 foot glide • Coaches will be allowed on the ice during their "Tot" student's compulsory event. 	1:00
Tots 3	<ul style="list-style-type: none"> • Push and glide stroking • Preparation snowplow stop • Dip • Forward sizzles • Coaches will be allowed on the ice during their "Tot" student's compulsory event. 	1:00
Tots 4	<ul style="list-style-type: none"> • T-Push • Backward swizzles • 2 or 1 foot snowplow stop • Backward wiggles • Coaches will be allowed on the ice during their "Tot" student's compulsory event. 	1:00
Beginner 1	<ul style="list-style-type: none"> • Forward strokes or marches (min 4) • Two-foot glide and dip • Forward two-foot swizzles (min 4) • Backward wiggle (min 4) • Snowplow stop • No complete test higher then USFS Basic 2 or ISI Pre-Alpha 	1:00
Beginner 2	<ul style="list-style-type: none"> • Forward crossovers (min 4) • Forward 1 foot glide • Backward 2 foot swizzles (min 4) • Backward 1 foot glide • Snowplow stop • No complete test higher then USFS Basic 3 or ISI Alpha 	1:00
Beginner 3	<ul style="list-style-type: none"> • Backward stroking (min 4) • Backward crossovers both directions (min 4 each way) • Backward 1 foot glide • Moving two foot turn • Bunny Hop • No complete test higher then USFS Basic 5 or ISI Beta 	1:00

Beginner 4	<ul style="list-style-type: none"> • Two-foot spin • Ballet jump • Forward inside Mohawks both directions • Lunge • Forward straight line spiral • No complete test higher then USFS Basic 8 or ISI Delta 	1:00
Beginner 5	<ul style="list-style-type: none"> • One-foot spin • Salchow • Waltz jump/toe-loop combination • Forward outside 3-turns both directions • T-Stop • No complete test higher then USFS Freeskate 3 or ISI Freestyle 2 	1:00
Pre-Preliminary	<ul style="list-style-type: none"> • Flip Jump • Combination Waltz jump and any single jump (note 1) • Upright change foot spin. No change of position. • Forward or backward spiral • No complete test higher then USFS Pre-Preliminary or ISI 3. 	1:00
Preliminary	<ul style="list-style-type: none"> • Lutz jump • Combination Loop jump plus any single jump except the Lutz or Axel jump (note 1) • Sit or Camel spin • Balance move sequence (note 2) • No complete test higher then USFS Preliminary or ISI Freestyle 4 	1:15
Pre-Juvenile	<ul style="list-style-type: none"> • Axel Jump • Combination Loop jump plus any single jump except the Axel jump (note 1) • Spin with change of position, no change of foot (ie: camel spin to sit spin) • Balance move sequence (note 2) • No complete test higher then USFS Pre-Juvenile or ISI Freestyle 5 	1:15
Juvenile	<ul style="list-style-type: none"> • Double Salchow or Double Toe Loop • Combination of two single jumps (Axel permitted) • Spin with a change of position and a change foot. May not be commenced with a jump. • Circular, Straight line, or serpentine footwork sequence. 	1:30
Adult Pre-Bronze	<ul style="list-style-type: none"> • Waltz Jump/Toe Loop combination • Salchow Jump • One-Foot Spin • Forward Spiral 	1:00
Adult Bronze	<ul style="list-style-type: none"> • Flip Jump • Combination Waltz Jump with any single jump (note 1) • Upright change foot spin. No change of position • Forward or backward spiral 	1:00
Adult Silver	<ul style="list-style-type: none"> • Lutz jump • Combination Loop jump plus any single jump except the Lutz or Axel jump. (note 1) • Sit or Camel spin • Balance move sequence (note 2) 	1:15
Adult Gold	<ul style="list-style-type: none"> • Axel jump • Combination Loop jump plus any single jump except the Axel (note 1) • Spin with change of position, no change of foot (ie: Camel to sit spin) • Balance move sequence (note 2) 	1:15
Adult Masters	<ul style="list-style-type: none"> • Double Salchow or Double Toe Loop • Combination of two single jumps (Axel permitted) • Spin with change of position and a change of foot. May not be commenced with a jump • Circular, Straight line, or Serpentine footwork sequence 	1:30

Dance

Dances may be performed either solo or as a couple. Couple dances must be a male/female pair. Skaters may enter both a Solo event and/or a Couple's event. Solo skaters must skate at or above the highest level in which they have passed at least two dances. Couple's must enter at the highest level of the two skaters. Introductory steps and poses cannot exceed three measures of music. The event referee may adjust the number of patterns. The LOC reserves the right to combine Silver Level and above due to small groups.

Couples who would like to perform their Free-Dance or Original Dance should contact the Commissioner to make arrangements.

Solo/Couple's Dance	
Level	Compulsory Dance
Preliminary Dance 3	Canasta Tango
Pre-Bronze Dance 4	Fiesta Tango
Bronze Dance 5	Hickory Hoedown
Pre-Silver Dance 6	European Waltz
Silver Dance 7	American Waltz
Pre-Gold Dance 8-9	Paso Doble
Gold Dance 10	Westminster

Solo Footwork

Skaters perform footwork sequences of their own design to music of their choice. The program should contain a variety of turns and sequences and emphasize the skater's control of edges and turns in addition to speed and quickness of the routine. The program may contain ½ rotation jumps and spins with less than 3 revolutions. The routine will be judged on both technical merit and presentation.

This event is open to ISI Freestyle 1 or higher. USFS level restriction refers to Moves in the Field or Free Skate, whichever is highest.

Solo Footwork		
Levels	Restrictions	Duration In Minutes
Bronze	No tests higher than USFS Pre-Preliminary (MIF or FreeSkate) or ISI Freestyle 3	1:00
Silver	No tests higher than USFS Pre-Juvenile (MIF or FreeSkate) or ISI Freestyle 5	1:00
Gold	No tests higher than USFS Intermediate (MIF or FreeSkate) or ISI Freestyle 7	1:00
Platinum	USFS Novice or above (MIF or Freeskate) or ISI Freestyle 8 and above	1:00

Spins

All skaters must skate a program without music containing all of the required elements listed for their level. Each required element may be attempted only once in the program. Connecting steps should be limited and are not judged. Spins programs are not to exceed the established time. There is no penalty for skating under the duration listed.

All spins events will be held on half ice.

Spins		
Levels	Requirements	Duration In Minutes
Beginner	<ul style="list-style-type: none"> • Forward Pivot • Two Foot Spin • Upright 1 Foot Spin • No complete test higher then USFS Pre-Preliminary or ISI Freestyle 3 	1:00
Beginner High	<ul style="list-style-type: none"> • Camel-Sit Spin (No change of foot, cannot be preceded with a flying entry) • Sit Spin • Fast Back Scratch Spin • No complete test higher than USFS Pre-Juvenile or ISI Freestyle 5 	1:00
Intermediate	<ul style="list-style-type: none"> • Camel Spin (forward or back) • Sit – Back Sit Combination • Spin Combination with one change of foot and at least three body positions. • No complete test higher then USFS Novice or ISI Freestyle 8 	1:00
Advance	<ul style="list-style-type: none"> • Flying Spin • Camel-Change Camel • Spin Combination with one change of foot and at least three body positions. • USFS Junior and above or ISI Freestyle 9 or above 	1:00

Stroking

Skaters will perform forward stroking in both directions on the ice. Music will be provided. Forward crossovers are permitted, but are not required. Skaters are judged on endurance, extension, knee bend, flow, posture, proper push and rhythm. Skaters should register for their skill level as described under the listed eligibility rules. Skaters will compete together in groups according to level. They will wear numbers pinned to their backs for easy identification for the judges. There will be no warm up for this event.

This event is open to Pre-Alpha thru Delta skaters only. The LOC reserves the right combine levels due to low participation.

Placing 1st, 2nd, or 3rd in Stroking events will qualify the skater for Compulsory Events at the State Games of America 2009.

Solo Showcase (Similar to ISI Spotlight)

Routines may be fun, entertaining, emotional, or a portrayal of characters using costumes and props. Emphasis is placed on theatrical and entertainment value of the skater's performance, rather than on the technical accuracy of specific maneuvers (no grade for technical merit). Props, if used, are limited to those the skater can hand-carry or push onto the ice themselves in one trip. The skater may not be assisted during the set-up time (except those entering the tots events), and the set-up time cannot take more than thirty seconds. Those entering the Tots events may have coach assistance, but may not exceed the set up time. A skater may not be given off-ice assistance during their number, except in the Tots events. No residue of any type may remain on the ice after the routine. Live props are not permitted. Props may not be flame, dry ice, or smoke oriented or any substance that will alter the surface of the ice. Maximum of 3 jumps allowed. If skaters are from different levels, they must enter at the highest level skater.

Solo/Couples Showcase		
Levels	Requirements	Duration In Minutes
Tots (1-4)	<ul style="list-style-type: none"> • Please refer to the ISI Competitor's handbook for requirements for the Tot Events. 	1:00
Basic	<ul style="list-style-type: none"> • Forward and backward skating • Two foot spins only • Jumps with ½ rotation only, no Toe Loop or Salchow • No complete test higher than USFS Basic Free Skate 1 or ISI Delta 	1:00
Bronze	<ul style="list-style-type: none"> • Upright spins only • Jumps with ½ rotation only, Toe Loop and Salchow permitted • No complete test higher than USFS Pre-Preliminary, USFS Adult Bronze, or ISI Freestyle 3 	1:30
Silver	<ul style="list-style-type: none"> • No flying spins • Jumps with single rotation only, Axel permitted • No complete test higher than USFS Pre-Juvenile, USFS Adult Silver, or ISI Freestyle 5 	2:00
Gold	<ul style="list-style-type: none"> • No Double Jumps • No freeskate, pair, couples, or free dance test passed higher than USFS Intermediate, USFS Adult Gold, or ISI Freestyle 7 	2:30
Platinum	<ul style="list-style-type: none"> • USFS Novice Freeskate or above or ISI Freestyle 8 or above 	2:30
Couples Tots (1-4)	<ul style="list-style-type: none"> • Please refer to the ISI Competitor's handbook for requirements for the Tot Events. 	1:00
Couples Basic	<ul style="list-style-type: none"> • Forward and backward skating • Two foot spins only • Jumps with ½ rotation only, no Toe Loop or Salchow • No complete test higher than USFS Basic Free Skate 1 or ISI Delta 	1:00
Couples Bronze	<ul style="list-style-type: none"> • Upright spins only • Jumps with ½ rotation only, Toe Loop and Salchow permitted • No complete test higher than USFS Pre-Preliminary, USFS Adult Bronze, or ISI Freestyle 3 	1:30
Couples Silver	<ul style="list-style-type: none"> • No flying spins • Jumps with single rotation only, Axel permitted • No complete test higher than USFS Pre-Juvenile, USFS Adult Silver, or ISI Freestyle 5 	2:00
Couples Gold	<ul style="list-style-type: none"> • No Double Jumps • No freeskate, pair, couples, or free dance test passed higher than USFS Intermediate, USFS Adult Gold, or ISI Freestyle 7 	2:30
Couples Platinum	<ul style="list-style-type: none"> • USFS Novice Freeskate or above or ISI Freestyle 8 or above 	2:30
Family Showcase	<ul style="list-style-type: none"> • Members must be family • Two or more skaters • No skill restrictions 	1:30

Team Entertainment/Family Showcase

Three or more skaters perform a routine for audience enjoyment. Team must enter the level of the highest test member. Emphasis is placed on crowd appeal, costume design, and style. Props, if used, are limited to those the skaters can hand-carry or push onto the ice themselves in one trip. Skaters may not be assisted during the set up time, and the set up is not to take more than thirty (30) seconds. Skaters may not be given off-ice assistance during their number. No residue of any type may remain on the ice after the routine. Live props are not permitted. Props may not be flame, dry ice, or smoke oriented or any substance that will alter the surface of the ice.

Team Entertainment (Co-Ed Event)		
Levels	Requirements	Duration In Minutes
Bronze	<ul style="list-style-type: none"> • Jumps with no more than one half rotation • Upright spins only • No Free Skate, Pair, or Free Dance tests passed higher than USFS Pre-Preliminary, Adult Bronze, or ISI Freestyle 3 	1:30
Silver	<ul style="list-style-type: none"> • Jumps with no more than one rotation, Axel not permitted • No Flying Spins • No Free Skate, Pair, or Free Dance tests passed higher than USFS Pre-Juvenile, Adult Silver, or ISI Freestyle 5 	2:00
Gold	<ul style="list-style-type: none"> • No Double jumps • No Free Skate, Pair, or Free Dance tests passed higher than USFS Intermediate, Adult Gold, or ISI Freestyle 7 	2:30
Platinum	<ul style="list-style-type: none"> • USFS Novice Freeskiate or above or ISI Freestyle 8 or above 	2:30

Synchronized Skating Team Events

Team size shall be not less than 8 skaters and no more than 24 skaters. More than half of the skaters must meet the age requirements as set forth below. Categories may be combined or further sub-divided as entries warrant. Formation Teams are restricted to all forward skating. Backward skating is allowed but only on two feet. Lifts are restricted to Teen Skate level and above.

Consideration and judging will be given and adjusted accordingly to include USFS programs and teams.

Synchronized Formation Teams		
Levels	Requirements	Duration In Minutes
Compulsories	<ul style="list-style-type: none"> • Forward Skating Line • Forward Circle • Forward Two-Spoke Wheel • Forward Skating Block 	Max of 1:45
Tots	<ul style="list-style-type: none"> • Majority 6 and younger 	Max of 3:00
Junior Youth	<ul style="list-style-type: none"> • Majority 8 or younger 	Max of 3:30
Youth	<ul style="list-style-type: none"> • Majority 9 – 11 	Max of 3:30
Senior Youth	<ul style="list-style-type: none"> • Majority 12 – 14 	Max of 3:30
Teen	<ul style="list-style-type: none"> • Majority 14 – 19 	Max of 4:00
Adult	<ul style="list-style-type: none"> • Majority 20 and over 	Max of 4:00

Synchronized Skating Teams

Levels	Requirements	Duration In Minutes
Compulsories	<ul style="list-style-type: none"> • Line • Footwork Block • Circle • Wheel • Intersection(s) 	Max of 2:30
Tots	<ul style="list-style-type: none"> • Majority 6 and younger 	Max of 2:00
Junior Youth	<ul style="list-style-type: none"> • Majority 8 or younger 	Max of 2:30
Youth	<ul style="list-style-type: none"> • Majority 9 – 11 	Max of 3:00
Senior Youth	<ul style="list-style-type: none"> • Majority 12 – 14 	Max of 3:30
Teen	<ul style="list-style-type: none"> • Majority 14 – 19 	Max of 4:30
Adult	<ul style="list-style-type: none"> • Majority 20 and over 	Max of 3:30